



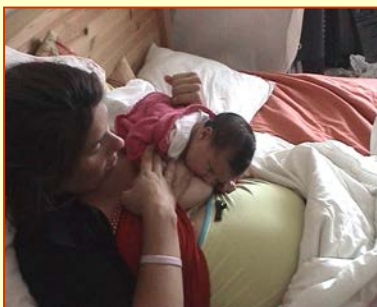
Biological Nurturing® ~ Laid-back breastfeeding

Increase your understanding of Biological Nurturing...

Enhance your Practice...

Become a Certified Laid-Back Breastfeeding Consultant

What is a Certified Laid-Back Breastfeeding Consultant?



A Certified Laid-Back Breastfeeding Consultant (CLBC) views infant feeding from a biological-evolutionary perspective. We assume that, like other mammals, human mothers have an innate capacity to nourish and nurture the off-spring.

Assumptions & Beliefs include:

- * Initiating breastfeeding is a right brained, self-care activity of daily living.
- * Breastfeeding can be both private and social. (just like eating & drinking, communication, and play & leisure)
- * Most mothers do not need to be taught breastfeeding skills. The role of the health professional is to provide positive feedback, and information if appropriate through purposeful conversation
- * Most mothers do not require professional management
- * There is not one 'correct' way to breastfeed.

Human mothers are extremely versatile able to breastfeed in a variety of positions. The biological argument suggests that, when the environment is conducive to the release of innate feeding behaviours, mothers develop their breastfeeding capacity through the hit and miss of the experience. A CLBC is careful not to interfere with the process. This attitude, first & foremost, builds and restores mothers' confidence in their capacity to breastfeed.

A CLBC works professionally with mothers & babies during pregnancy, the time of breastfeeding initiation & beyond in a variety of settings (e.g.: home, hospital, community centres).

A CLBC has had prior training and/or experience working as a health professional (midwife, doctor, nurse, health visitor, dietician) a lactation consultant, a doula, a La Leche League, National Childbirth Trust, Association of Breastfeeding Mothers or other breastfeeding /leader, counsellor or peer supporter.

If you are interested in certification please contact
Joelle: joelledufur@yahoo.co.uk
for further information

Places limited for certification workshops: Massachusetts USA (now full)
Book ASAP for Hythe, England—Tentative date: December 8, 2011 TBC